



Protea



Protea

BREAKFAST (7AM-11AM)

Aloha Granola \$9.25
Hawaiian granola, served with plain yogurt & apple bananas, blueberries, strawberries & pineapple.

Eggs Benedict \$12.75
English muffin & Canadian bacon topped with poached egg & hollandaise sauce. Served with a potato & vegetable hash.

Protea Omelet \$9.25
Bacon, mushroom, bell pepper, onion, tomato & cheddar cheese. Served with a potato & vegetable hash.

Classic Omelet \$6.25
Egg & cheese omelet with your choice of cheddar, Swiss, or pepper jack cheeses. Served with a potato & vegetable hash. Choose any extras for \$1.25 per item.

Available add-ons: bacon, ham, apple sausage, mushrooms, pepper, onion, tomato, jalapeños, spinach

Amazon Açai Bowl \$9.75
Açai berry puree blended with strawberry, bananas & blueberries, topped with Hawaiian granola & drizzled with honey.

Sweet Bread French Toast \$9.95
Hawaiian sweet bread, Vermont maple syrup, whipped butter & powdered sugar. Add Kevin's Hot Raspberries: \$2.50 extra. Add banana, blueberries, strawberries, or pineapple: \$1.50 extra.

Breakfast Burrito \$9.25
Scrambled eggs, onion, bell pepper, tomato, bacon bits & cheddar cheese. Wrapped in a flour tortilla and served with salsa & sour cream.

Protea Big Breakfast \$10.25
2 eggs any style, vegetable hash, toast, and your choice of bacon, sausage, or ham.

Breakfast Club \$6.70
Butter croissant & scrambled eggs topped with sharp cheddar cheese.

Croque Madame \$9.25
Ham, tomato & Swiss cheese on sourdough toast with fried egg.

A La Carte

2 Eggs, any style	\$3.95
Chicken Apple Sausage	\$2.95
Applewood Bacon or Ham	\$2.95
Potato & Vegetable Hash	\$3.75
Fruit Bowl Seasonal fruits & berries	\$4.75
Toast (sourdough, multi-grain, rye)	\$2.95
English Muffin	\$2.25



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LUNCH (11AM-2PM)

Appetizers & Salads

Protea Bruschetta **\$5.95**

Toasted focaccia topped with fresh tomato slices, goat cheese, fresh basil leaves & kalamata tapenade.

Kalua Pork Quesadilla **\$10.25**

Island kalua pork, pepper jack cheese, green onion, diced island tomato & cilantro between grilled tortillas. Served with salsa and sour cream.

Soup of the Day **\$5.95**

Kalua Pork Quesadilla **\$10.25**

Island kalua pork, pepper jack cheese, green onion, diced island tomato & cilantro between grilled tortillas. Served with salsa and sour cream.

Classic Caesar **\$9.50**

Romaine lettuce, garlic croutons, grape tomatoes & parmesan cheese with house Caesar dressing.
(add sliced chicken breast: **\$3.95** extra)

Protea **\$8.95**

Fresh mixed greens, toasted sliced almonds, grape tomatoes, sliced cucumber & crumbled gorgonzola with sundried tomato vinaigrette.

Greek Salad **\$8.95**

Feta cheese, cherry tomatoes, sweet onions & kalamata olives on fresh mixed greens with Greek vinaigrette.

Pear & Gorgonzola Salad **\$9.95**

Fresh mixed greens, grilled pineapple, pear, gorgonzola & candied walnuts with pear vinaigrette.

Sandwiches

(served with potato chips)

Crab BLT **\$13.95**

Crab salad, bacon, avocado, lettuce & tomatoes. Served on toasted sourdough.

Rueben Panini **\$10.50**

Thinly sliced corned beef, sauerkraut, Swiss cheese & thousand island dressing. Served on rye.

Chicken Salad **\$10.50**

Diced chicken, dried cranberries, chopped pecans, celery, mayonnaise, lettuce, and tomato. Served on Hawaiian sweet bread.

Turkey Club **\$10.50**

Turkey breast, Swiss cheese, avocado, tomatoes, and mayonnaise. Served on sourdough.

Panini Venus **\$9.75**

Oven-baked zucchini, eggplant, vine ripened tomatoes, sweet onions, sundried tomato pesto, yellow squash & provolone cheese. Served on pumpernickel.

Roasted Turkey Wrap **\$10.25**

Turkey, apple chutney, caramelized onion, tomato, lettuce, cranberry aioli. Served on flour tortilla wrap.

Grilled Chicken **\$9.95**

Marinated chipotle chicken, pepper jack cheese, sundried tomato aioli, lettuce & tomatoes. Served on toasted focaccia.



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Thin Crust Pizza

Classic Cheese

\$6.95

Zesty tomato sauce topped with provolone, mozzarella, Romano & parmesan cheese mix. (Extra toppings are \$1.50 per item)

Classic Full Combo

\$11.95

Italian sausage, pepperoni, red onions, mushrooms, green bell peppers & olives

Available Toppings

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|--------------------|--------------------|
| Bacon | Olives |
| Extra cheese | Pepperoni |
| Green bell peppers | Pineapple |
| Ham | Portuguese sausage |
| Italian sausage | Red onions |
| Jalapeños | Roasted chicken |
| Mushrooms | Spinach |

Specialty Pizzas

Protea

\$10.75

Caramelized sweet onions, mushrooms, spinach & gorgonzola.

New Hawaiian

\$9.95

Portuguese sausage, pineapple, mint pesto & mozzarella.

Margherita

\$9.95

Basil pesto, sliced Roma tomato, fresh mozzarella & 5 cheese mix.

Pear & Gorgonzola

\$10.75

Pan-seared pear, caramelized onion, gorgonzola cheese, bacon & mozzarella.

Pizza Of The Week

market price

Our weekly specialty pizza! Check back soon for new flavors!

BBQ Chicken

\$9.25

Grilled chicken, barbeque sauce, gorgonzola & mozzarella cheeses.

Dessert

Cheesecake

\$5.50

A sinfully delicious, melt-in-your-mouth dessert!

Chocolate Mousse

\$5.50

House-made, incredibly decadent, luxurious chocolate mousse.



Protea

DRINKS



House blend

fresh illy ground coffee

Medium	\$2.40
Large	\$2.65

Espresso, Single	\$2.35
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Latte

Medium	\$3.75
Large	\$4.25

Coconut / Vanilla / Caramel / Hazelnut Latte

Medium	\$4.10
Large	\$4.60

Cappuccino

Medium	\$4.25
Large	\$4.50

Macchiato, Single	\$3.50
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Mocha

Medium	\$4.25
Large	\$4.50

Chai Tea Latte

Medium	\$4.25
Large	\$4.50

Iced Coffee

Medium	\$3.75
Large	\$4.25

Fresh Juices (8oz)	\$3.25
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- Orange
- Lemonade
- Guava
- Pineapple
- Cranberry

Soft Drinks (8oz)	\$2.25
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- Coke
- Diet Coke
- Sprite
- Dr. Pepper
- Ginger Ale
- Club Soda
- Fuze Green Tea

Hot Tea	\$2.25
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- English Breakfast
- Earl Grey
- Mint Medley-Herbal Green

Tropical Iced Tea

Medium	\$2.80
Large	\$3.10

Smoothies

Refreshing Flavors

- Banana
- Mango
- Strawberry
- Passion Fruit
- Piña Colada
- Blended Latte
- Caramel Latte

\$5.95

Samba Açai

Our açai puree, strawberries, banana & blueberries blended into a healthy combination to start your day right!

\$6.95

Lava Flow (Virgin)

Tropical blend of fresh-squeezed pineapple juice, coconut cream & strawberry puree

\$5.95

Signature Cocktails

Bloody Mary

With fine Skyy vodka. Garnished with pickled green beans, pepperoncini & a cherry tomato.

\$8.95

Lava Flowin'

Tropical blend of fresh-squeezed pineapple juice, coconut syrup, vodka-infused raspberries & Captain Morgan.

\$8.95

Lava Lime

Sauza tequila, Grand Marnier, lime juice & Sprite: a great drink to cool down in the heat.

\$8.95

Protea Mai Tai

Amaretto, Bacardi rum, triple sec, sweet & sour, fresh pineapple juice & premium dark rum with a squeeze of lime.

\$8.95

Waikiki Iced Tea

Tequila, Pineapple Vodka, Gin & Rum come together to make the one drink to rule them all, topped with guava juice.

\$9.50

Protea Mojito

The best mojito you've ever had! Made with top-shelf sugar-cane rum, fresh mint & a raspberry twist.

\$8.95

Protea Margarita

A margarita with a refreshing twist of watermelon! Can be frozen or on the rocks.

\$8.95